



# Cuffley School

## SEND NEWSLETTER

*Learning to Learn*

*Summer 2025*

### Transition to a new year group

Helping your child transition to a new class can ease worries and build confidence. Here are some strategies to support them during this change:

- Talk positively about the change to build excitement and reduce fear.
- Visit the new classroom entrance, if possible, to create familiarity.
- Discuss the daily routine so they know what to expect.
- Read books about school transitions to help them relate to others' experiences.
- Encourage your child to talk about their feelings, offering reassurance and empathy.
- Maintain consistent routines at home to provide stability.
- Arrange playdates or meet-ups with classmates to build social comfort before the start of term.

If you are concerned about how your child will transition to the next year group, please do reach out to your class teacher who can talk to you about the support we can offer in school.

### Neurodiversity Week 2025

In March, we once again celebrated Neurodiversity Week. Children took part in a range of activities which supported them to appreciate and value how everyone is different. Highlights included roasting marshmallows on a campfire to support these important discussions and activities with our fantastic guest speakers.



### Autumn 2025

Parent Gym is a free, friendly coaching course run by our school staff team, designed to support you in building a stronger, more positive relationship with your child. Parent Gym offers practical tips in a relaxed and supportive setting. The course runs for six weeks during the Autumn term (dates to be confirmed). If you're interested in joining, please email [admin@cuffley.herts.sch.uk](mailto:admin@cuffley.herts.sch.uk) to register your interest – we'd love to have you!

### Surviving the Summer Holidays

Losing the predictability and structure that school brings, coupled with everywhere you visit being extremely busy. The summer holidays can be difficult for families of neurodivergent children. Join Angels for an online workshop about ways to cope during the summer break. Please follow the link [here](#) to book your free place.



### SEND support at Cuffley

Please note that if you would like to talk to me about any SEND concerns you have for your child. Weekly online meeting slots are available to book on a Wednesday morning. Please email [senco@cuffley.herts.sch.uk](mailto:senco@cuffley.herts.sch.uk) to book a slot at either **9:10am** or **9:25am**. If you are unable to attend meetings on a Wednesday morning or would like to discuss your concerns sooner, please email [senco@cuffley.herts.sch.uk](mailto:senco@cuffley.herts.sch.uk) to arrange an alternative day or time.