

Product	Week/Day/Item	Ingredients as listed on the packaging (excluding may contain warnings, please refer to product reference information folder)
All Vegetable Puff Pastry	Week 1 – Tuesday (Vegetable Pie and Chicken and Veg Pie)	Fortified Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Margarine [Palm Oil, Water, Salt], Margarine [Palm and Rapeseed Oil, Water, Salt], Water, Preservative: Potassium Sorbate.
Alpro Dairy Free Chocolate Dessert	Every day available for certain students	Soya Base (Water, Hulled Soya Beans (6.8%)), Sugar, Modified Starch, Fat Reduced Cocoa* (2%), Chocolate (1%), Calcium (Calcium Carbonate), Acidity Regulator (Potassium Phosphates), Thickener (Carrageenan), Flavouring, Sea Salt, Vitamins (B2, D2), *Rainforest Alliance Certified™
Asda Free From Chicken Nuggets	For certain student	Chicken Breast (70%), Water, Sunflower Oil, Rice Flour, Maize Flour, Gram Flour, Maize Starch, Potato Starch, Salt, Raising Agents (Diphosphates, Sodium Carbonates), Stabiliser (Xanthan Gum), Dextrose
Asda Free From Spaghetti	For certain student	Yellow Cornflour, Rice Flour, White Cornflour, Emulsifier (Mono- and Diglycerides of Fatty Acids)
Aunt Bessie's Baked Yorkshire Puddings	Week 1 – Thursday	Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Whole EGG , EGG White, Water, Rapeseed Oil, Skimmed MILK Powder, Salt.
Aunt Bessie's Sage and Onion Stuffing Balls	Week 2 - Thursday	Wheat Flour, Water, Onion, Palm Oil, Yeast, Wheat Bran, Salt, Wheat Fibre, Rapeseed Oil, Sage, Parsley, Raising Agent (Sodium Bicarbonate), Calcium Carbonate, Black Pepper, Iron, Niacin, Thiamin
Beef Meatballs	Week 1 – Monday	Beef (78%), Rusk (Wheat Flour (with Calcium, Iron, Niacin Thiamine), Salt), Water, Rapeseed Oil, Onion, Salt, Onion Powder, Rubbed Parsley, Spice & Herb Extracts (Chilli, Coriander, Ginger, Nutmeg, Parsley, Pepper, Pimento).
Birds Custard Powder	Week 1 – Tuesday Week 2 – Wednesday	Maize Starch, Salt, Flavouring, Colour (Annatto Norbixin), Flavouring.
Bread Hovis Best of Both	Every Day	Water, Wheat Flour (with added Calcium, Folic Acid, Iron, Niacin, Thiamin) (32%), Wholemeal Flour (Wheat) (32%), Yeast, Calcium Sulphate, Salt, Wheat Protein, Soya Flour, Preservative: E282, Emulsifiers: E472e, E471, E322 (Rapeseed), Flour Treatment Agent: Ascorbic Acid
Bread Warburtons half & half	Every Day	Wheat Flour [with Calcium, Iron, Niacin (B3) and Thiamin (B1)], Wholemeal Wheat Flour, Water, Yeast, Vegetable Oils (Rapeseed and Sustainable Palm), Salt, Wheat Gluten, Malted Barley Flour, Emulsifiers: E471, E472e, Soya Flour, Preservative: Calcium Propionate, Flavouring (Vegan), Flour Treatment Agent: Ascorbic Acid (Vitamin C)
Bread Kingsmill 50/50	Every Day	Wheat Flour (33%) (with Calcium, Iron, Niacin (B ₃) and Thiamin (B ₁)), Wholemeal Wheat Flour (33%), Water, Yeast, Salt, Vegetable Oils (Rapeseed, Sustainable Palm), Sustainable Soya Flour, Emulsifier: E472e, Vinegar, Preservative: Calcium Propionate, Flour Treatment Agent: Ascorbic Acid (Vitamin C)
Breaded Chicken Nuggets	Week 1 – Friday	Chicken Breast Meat (56%), Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Sunflower Oil, Maize, Maize Flour, Maize Starch, Salt, Bamboo Fibre, Maize Starch, WHEAT Starch, Onion Powder, Yeast, Dextrose, Garlic Powder, Raising Agents (E450i, E500ii), Flour Treatment Agent (E300), Yeast Extract, Natural Spices (Turmeric), Pepper, Yeast.
Caterers Pride Tuna Chunks in Brine	Every day in salad bar	Skipjack Tuna (Fish), Water, Salt
Chef William Crispy Fried Onions	Every day in salad bar	Onion (76%), Non-Hydrogenated Palm Oil (RSPO certified), Wheat Flour, Salt
Chicken	Week 2 – Tuesday (Chicken and Vegetable Pie)	Chicken (98%), Salt
Chocolate Brownie Mix	Week 2 - Friday	Sugar, Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Fat-reduced Cocoa Powder, Dried EGG Albumen, Modified Maize Starch, Salt, Raising Agent (E500), Emulsifiers (E470a, E471, E472b, E472e, E477, E482), MILK Protein, Stabilisers (E450).

Cirio Passata Sieved Tomatoes	Week One - Wednesday - Used in Beef Lasagne Week Two - Monday - Used in Bolognese Week Two - Wednesday - Used in Tomato Pasta Bake	Tomatoes (99, 7%), Salt, Acidity Regulator: Citric Acid
Crispy Fried Onions	Salad bar	Onion (76%), Non-Hydrogenated Palm Oil (RSPO certified), Wheat Flour, Salt
Croutons	Salad bar	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamine (B1)), Rapeseed Oil, Garlic Puree, Sugar, Yeast, Sea Salt, Parsley
Curly Fries	Week 1 Friday Week 2 Friday	Potatoes (80%), Coating (12%) (Wheat Flour, Salt, Modified Starch, Spices (Black Pepper, Chilli Pepper, Cayenne Pepper), Garlic Powder, Onion Powder, Raising Agents (E450i, E500ii), Yeast Extract, Spice Extracts (Black Pepper, Dextrose), Vegetable Oils (Sunflower, Rapeseed, in varying proportions) (8%), Dextrose.
Devil's Kitchen Vegan Meatballs	Week 1 - Monday	Rehydrated Pea Protein, Rapeseed Oil, Diced Onions, Seasoning (Onion Powder, Yeast Extract, Tomato Powder, Fine Sea Salt, Natural Flavourings, Garlic Powder, Ground Fennel, Smoked Paprika, Potassium Chloride, Ground Black Pepper, Porcini Powder, Ground Rosemary, Ground Marjoram, Ground Thyme, Ground Cardomom, Ground Bay, Chilli Powder), Potato Starch, Methylcellulose, Apple Juice Concentrate, Date Syrup, Apple Extract, Lemon Juice, Citrus Fibre, Pumpkin Powder, Beetroot Powder.
Dr Oetker Professional Chocolate Strands	Tray bake	Sugar, fat reduced cocoa powder (6%), vegetable oil (coconut), glucose syrup, anti-caking agent (talc)
Dr Oetker Professional Fat Reduced Cocoa Powder	Used in chocolate sponge	Fat Reduced Cocoa Powder. Contains Cocoa Butter 10% Minimum
Dr Oetker Professional Scotbloc Chocolate Flavour Drops	Muffins/Sponge/Rice Crispy Cakes	Sugar, vegetable oil (palm), whey powder (MILK), WHEAT flour (with calcium, iron, Thiamin (B1), niacin (B3)), fat reduced cocoa powder (6%), emulsifiers (SOYA lecithins, polyglycerol polyricinoleate), flavouring.
Dr Oetker Professional Sugar Strands	Tray bake	Sugar, modified maize starch, vegetable oil (coconut), colouring foods (concentrates from spirulina, safflower, lemon, sweet potato, radish), glucose syrup, anti-caking agent (talc), colour (copper complexes of chlorophylls and chlorophyllins)
Everyday Chopped Tomatoes in tomato juice	Used in Bolognese	Chopped Tomatoes, Tomato Juice, Citric Acid
Everyday Favourites Baked Beans in tomato sauce	Week 1 – Wednesday in pie Week 1 - Friday Week 2 – Wednesday Week 2 – Friday	Beans (53%), Tomatoes (25%), Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings
Everyday Favourites Pasta	Week 1 – Tuesday Week 2 - Monday Week 2 - Wednesday	Durum Wheat Semolina
Everyday Favourites Plain Flour	Biscuits and cakes	Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin and Thiamin).
Everyday Favourites Self Raising Flour	Biscuits and cakes	Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents: Monocalcium Phosphate, Sodium Bicarbonate
Everyday Favourites Tomato Ketchup	Served as a condiment on certain days	Water, Glucose-Fructose Syrup, Tomato Paste (16%), Modified Maise Starch, Acidity Regulators (Acetic Acid, Citric Acid), Salt, Preservative (Potassium Sorbate), Natural Flavouring

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Everyday Favourites Vegetable Fingers	Week 2 - Friday	Carrot (13%), Peas (13%), Potato (13%), Water, Sweetcorn (12%), Breadcrumbs (10%) (WHEAT Flour, Corn Starch, Rice Bran Oil, Dried Yeast, Salt, WHEAT Gluten, Dextrose, Antioxidant: Ascorbic Acid), Cotton Seed Oil, Potato Flakes, WHEAT Flour , Potato Starch, Salt, Maize Flour, Corn Starch, Yeast Extract, White Pepper, Thickener: Carboxy Methyl Cellulose.
Extended Life Vegetable Oil	Week 1 – Tuesday (stir fry) Week 1 - Thursday, used to cook Roast Potatoes	Refined Rapeseed Oil. Anti-foaming Agent: Dimethyl Polysiloxane
Farmstead Frozen Beef Mince	Week 1 – Wednesday Week 2 - Monday	100% Beef
Freshers Cocoa Powder	Used in chocolate sponge	Fat Reduced Cocoa Powder. Contains Cocoa Butter 10% Minimum
Garlic and Herb Slices	Week 1 – Monday & Wednesday Week 2 – Monday & Wednesday	Fortified Wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin], Water, Margarine [Rapeseed Oil, Palm Oil, Water, Emulsifier: Mono and Diglycerides of Fatty Acids; Natural Flavouring, Colour: Beta Carotene], Garlic Puree (3%), Yeast, Salt, Flour Treatment Agent: Ascorbic Acid; Parsley, Marjoram, Sage, Oregano, Wheat Flour
Grated Mature White Cheddar Cheese	Every day in salad bar Week 1 – Lasagne Week 2 - Macaroni Cheese	Cheddar Cheese (Milk), Anti-Caking Agent: Potato Starch
Gravy (Bisto Gluten Free Vegan Gravy)	Week 1 – Tuesday & Thursday Week 2 – Tuesday & Thursday	Maltodextrin, Potato Starch, Salt, Flavourings, Colour (Plain Caramel), Vegetable Oils (Palm, Rapeseed, Sunflower), Sugar, Stabiliser (Guar Gum), Onion Powder, Yeast Extract
Halal Chicken Sausages	Week 2 – Wednesday	Water, Chicken (32%), Rusk (Wheat Flour, Salt, Raising Agent: Ammonium Carbonate), Chicken Fat, Chicken Skin, Salt, Stabilisers (Tetrasodium Diphosphate, Disodium Diphosphate), Dextrose, Flavourings, Spices, Preservative: Sodium Sulphite , Sunflower Oil. Filled into Beef Sausage Casings (Beef Collagen, Water, Cellulose)
Heck Pork Sausages	For certain student	British Pork (97%), Seasoning (Salt, Spices, Gluten Free Rice Flour, Sugar, Preservative (Sodium Sulphite), Antioxidant (Ascorbic Acid)), Filled into Beef Collagen Casings
Hellmann's Real Mayonnaise	Used in tuna mayonnaise on salad bar	Rapeseed oil (78%), free range pasteurised Egg and Egg yolk (8,9%), water, spirit vinegar, sugar, salt, lemon juice concentrate, flavouring, antioxidant (calcium disodium EDTA), paprika extract.
Italian Style Seasoning	Week 1 - Wednesday (Lasagne & Quorn Bolognese) Week 2 - Monday (Bolognese) Wednesday (Tomato Pasta Bake)	Savory, Basil, Marjoram, Rosemary, Oregano, Thyme, Sage
Kingsmill 50/50 Bread	Every day	Wheat Flour (33%) (with calcium, iron, niacin (B ₃) and Thiamin (B ₁)), Wholemeal Wheat Flour (33%), Water, Yeast, Salt, Vegetable Oils (Rapeseed, Sustainable Palm), Vinegar, Sustainable Soya Flour, Emulsifier: E472e; Preservative: Calcium Propionate; Flour Treatment Agent: Ascorbic Acid (Vitamin C).
Lasagne Sheets	Week 1 - Wednesday (Lasagne)	Durum Wheat Semolina

Lea and Perrins Worcestershire Sauce	Week 2 – Monday (Spaghetti Bolognese and Quorn Bolognese)	Malt Vinegar (from Barley), Spirit Vinegar, Molasses, Sugar, Salt, Anchovies (Fish), Tamarind Extract, Onions, Garlic, Spice, Flavourings
Macaroni	Used in Bolognese	Durum Wheat Semolina
McCain Oven Chips	Week 1 – Friday Week 2 - Friday	Potatoes (97%), Vegetable Oils (Rapeseed, Sunflower) – in varying proportions
McDougalls Chocolate Brownie Mix	Week 2 - Tuesday	Sugar, Wheat Flour (with added Calcium, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Fat-reduced Cocoa Powder, Dried Egg Albumen, Modified Maize Starch, Salt, Raising Agent (E500), Emulsifiers (E470a, E471, E472b, E472e, E477, E482), Milk Protein, Stabilisers (E450).
McDougalls Vegan Strawberry Jelly Crystals	Week 1 – Wednesday	Sugar, Maltodextrin, Gelling Agent (Carrageenan), Acid (Citric Acid), Acidity Regulator (Tripotassium Citrate), Colours (Beetroot Red, Annatto Norbixin), flavourings
McDougalls White Choc Chips	Sponge/muffins	Sugar, Cocoa Butter, Whole Milk Powder, Whey Powder (Milk), Lactose (Milk), Emulsifier (Soya Lecithin), Vanilla Extract
McKeown Fine Foods Classic Carve Roast Turkey	Week 2 – Thursday	Turkey, Water, Salt, Potato Starch, Glucose Syrup, Emulsifier: E451, Carrageenan, Poultry Stock, Yeast Extract/Flavour, Made with 106g of turkey per 100g of finished product
Milk	Used in custard	Milk
Quorn Chicken	Week 1 – Thursday	Mycoprotein (86%), Natural Flavouring, Pea Fibre, Potato Protein, Pea Protein, Wheat Gluten, Stabiliser, Carrageenan.
Quorn Vegan Fillet	Week 1 – Thursday Week 2 - Thursday	Mycoprotein (32%), Textured Wheat Protein (Wheat Flour, Stabiliser, Sodium Alginate), Water, Vegetable Oils (Rapeseed, Palm), Onions, Seasoning (Yeast Extract, Salt, Potassium Chloride, Herbs (Sage, Parsley), Fructose, White Pepper, Rusk (Wheat Flour, Salt), Barley Malt Extract, Carrot Powder, Leek Powder, Sage Extract, Nutmeg Extract), Potato Protein, Rusk (Wheat Flour, Salt, Yeast), Wheat Gluten, Casing (Calcium Alginate), Potato Starch, Tapioca Starch, Firming Agent, Calcium Chloride; Pea Fibre.
Quorn Mince	Week 2 - Monday	Mycoprotein (88%), Rehydrated Free Range Egg White, Pea Fibre, Natural Caramelised Sugar, Firming Agents: Calcium Chloride, Calcium Acetate; Gluten Free Barley Malt Extract.
Quorn Vegan Nuggets	Week 1 – Friday	Mycoprotein (51%), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Water, Wheat Starch, Pea Fibre, Natural Flavouring, Potato Protein, Pea Protein, Salt, Wheat Gluten, Durum Wheat Semolina, Yeast, Sage, Garlic Powder, White Pepper, Colour: Paprika Extract, Sage Extract, Onion Powder, Onion Oil, Raising Agent: Ammonium Bicarbonate.
Rice Krispies	Week 1 – Thursday	Rice, sugar, salt, barley malt extract, niacin, iron, vitamin B6, riboflavin, Thiamin, folic acid, vitamin D, vitamin B12.
Rocket Lolly (Pineapple, orange and strawberry ice lollies)	Week 1 - Thursday Week 2 - Thursday	Water, Fruit juice from concentrate (24%) [Pineapple, Orange, Strawberry], Sugar, Glucose Syrup, Acid (Citric Acid), Flavourings, Stabilisers (Guar Gum), Colours (Beetroot Red, Curcumin).
Shortbread Chocolate Sponge Biscuit Tray Bake Lemon Sponge Cookies Iced Sponge	Throughout both weeks	All include caster sugar, flour (see earlier in list Wheat), dairy free butter (Stork). There is Egg in the cakes but not in the biscuits.
Sliced Beef Topside	Week 1 - Thursday	Topside of Beef, Stabilisers (E450, E451, E407), Salt, Dextrose

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Stork	Used on bread and in various recipes ie cakes and biscuits	Vegetable Oils 70% (Rapeseed, Palm ¹ , Sunflower in varying proportions), Water, Salt (1.4%), Emulsifiers (Lecithin, Mono- and Diglycerides of Fatty Acids), Acid (Citric Acid), Colouring (Carotene), Natural Flavouring, Vitamins (A, D), ¹ Stork is committed to Sustainable Palm Oil
Tate & Lyle Cane Icing Sugar		Cane sugar (97%), Maize starch
Uncle Johns Mayo	Used in tuna mayonnaise on salad bar	Water, Rapeseed Oil, Spirit Vinegar, Modified Maize Starch, Sugar, Salt, Dried Egg Yolk, Stabiliser (Xanthan Gum), Mustard Flour, Lemon Juice Concentrate, Preservative (Potassium Sorbate), Colour (Paprika Extract).
Vanilla Ice Cream	Week 1 - Thursday Week 2 - Thursday	Partially Reconstituted Skimmed MILK Concentrate, Vegetable Oils (Palm Stearin, Palm, Coconut, Palm Kernel), Glucose Syrup, Sugar, Dextrose, Whey Powder (from MILK), Emulsifier (Mono- and Diglycerides of Fatty Acids), Flavourings, Stabilisers (Guar Gum, Sodium Alginate), Colour (Carotenes).
Vegan Vanilla Ice Cream	Week 1 - Thursday Week 2 - Thursday	Water, glucose syrup, sugar, coconut oil, maltodextrin, fava bean protein isolate, emulsifier (mono- and diglycerides of fatty acids), stabilisers (carob gum, guar gum), natural vanilla flavouring, sea salt, vanilla bean seed, natural flavouring
Vegetarian Sausages	Week 2 – Wednesday	Mycoprotein (32%), Textured Wheat Protein (Wheat Flour, Stabiliser: Sodium Alginate), Water, Vegetable Oils (Rapeseed, Palm), Onions, Seasoning (Yeast Extract, Salt, Potassium Chloride, Herbs (Sage, Parsley), Fructose, White Pepper, Rusk (Wheat Flour, Salt), Barley Malt Extract, Carrot Powder, Leek Powder, Sage Extract, Nutmeg Extract), Potato Protein, Rusk (Wheat Flour, Salt, Yeast), Wheat Gluten, Casing (Calcium Alginate), Potato Starch, Tapioca Starch, Firming Agent: Calcium Chloride; Pea Fibre.
Yellow Food Colouring	Week 2 – Monday	Water, Monopropylene Glycol, Emulsifier (Polysorbate 80), Colours (Curcumin).
Yogurts	Every day	Ubley Peach Yoghurt, (milk) , sugar, peach puree (4%), corn flour, natural flavourings, concentrated lemon juice. Ubley Strawberry Yoghurt, (milk) , sugar, strawberry puree (4%), corn flour, concentrated lemon juice, concentrated elderberry juice, natural flavourings. Muller Peach Yoghurt (milk) , water, peach puree (5%), sugar, corn flour, natural flavourings, culture: bifidobacterium, BB-12 Muller Strawberry Yoghurt (milk) , water, stawberry puree (5%), sugar, corn flour, natural flavourings, beetroot juice concentrate, culture: bifidobacterium, BB-12
Young's Cod Fish Fingers	Week 2 - Friday	Cod Fillet (Fish) (58%), wheat Flour [Wheat Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)]. Rapeseed Oil, Water, Yeast, Salt, Colours: Capsanthin, Curcumin, Turmeric.