

# Cuffley School Lunch Menu 2025-2026

## WEEK ONE

### Monday

**Main:** Meatballs (g)  
**Vegetarian option:** Vegan Plant Balls  
**Sides:** Pasta (g) & Garlic & Herb Bread (g)  
**Vegetable dish:** Carrots & Sweetcorn  
**Dessert:** Plain or Sultana Flapjack (g)

### Tuesday

**Main:** Chicken & Vegetable Pie with Pastry Topping (g)  
**Vegetarian option:** Vegetable Pie (g)  
**Sides:** New Potatoes  
**Vegetable dish:** Broccoli & Green Beans  
**Dessert:** Strawberry Jelly & Biscuit (g)

### Wednesday

**Main:** Beef Lasagne (g) (d)  
**Vegetarian option:** Quorn Bolognese (e) (g)  
**Sides:** Garlic & Herb Bread (g)  
**Vegetable dish:** Sweetcorn & Carrots  
**Dessert:** Apple Crumble (g) & Custard (d)

### Thursday

**Main:** Roast Beef  
**Vegetarian option:** Quorn Vegan Fillet (g)  
**Sides:** Roast Potato, Yorkshire Pudding (g) (e) (d)  
Gravy  
**Vegetable dish:** Broccoli & Peas  
**Dessert:** Vanilla Ice Cream (d), Rocket Lolly  
or Vegan Ice Cream

### Friday

**Main:** Chicken Nuggets (g)  
**Vegetarian option:** Quorn Vegan Nuggets (g)  
**Sides:** Chips or Curly Fries (g)  
**Vegetable dish:** Baked Beans  
**Dessert:** Chocolate Rice Crispy Cake (d) (g)  
or a selection from the week's menu above

## WEEK TWO

### Monday

**Main:** Beef Bolognese (f)  
**Vegetarian option:** Quorn Bolognese (e) (g)  
**Sides:** Pasta (g) & Garlic & Herb Bread (g)  
**Vegetable dish:** Carrots & Sweetcorn  
**Dessert:** Plain or Blueberry Muffin (g) (e)

### Tuesday

**Main:** Chicken Sausages (g)  
**Vegetarian option:** Vegetarian Sausages (g)  
**Sides:** Mashed Potatoes & Gravy  
**Vegetable dish:** Baked Beans & Broccoli  
**Dessert:** Chocolate Sponge (e) (g) & Custard (d)

### Wednesday

**Main:** Macaroni Cheese (g) (d)  
**Vegetarian option:** Tomato Pasta Bake (g)  
**Sides:** Garlic & Herb Bread (g)  
**Vegetable dish:** Carrots & Sweetcorn  
**Dessert:** Orange Jelly with Fruit Segments & Biscuit (g)

### Thursday

**Main:** Roast Turkey  
**Vegetarian option:** Quorn Vegan Fillet (g)  
**Sides:** Roast Potato, Stuffing (g)  
Gravy  
**Vegetable dish:** Broccoli & Peas  
**Dessert:** Vanilla Ice Cream (d), Rocket Lolly  
or Vegan Ice Cream

### Friday

**Main:** Fish Fingers (g) (f)  
**Vegetarian option:** Vegetable Fingers (g)  
**Sides:** Chips or Curly Fries (g)  
**Vegetable dish:** Baked Beans & Sweetcorn  
**Dessert:** Chocolate Brownie (g) (e) or Biscuit (g)  
or a selection from the week's menu above

Healthy school meals are available for all children at Cuffley School and are freshly prepared each day onsite. There is a wide choice of healthy, fresh food, including vegetarian meals and fruit, as an alternative to pudding.

Each day we offer an unlimited salad bar to our children, including cucumber slices, carrot batons, lettuce, tomatoes, sweetcorn, celery, peppers, dried onions (g), croutons (g) and potato salad (e).

A daily Jacket Potato Bar with a range of fillings is also on offer daily, including beans, cheese (d) and tuna mayonnaise (e).

Children always have the option of choosing from our fruit basket, which can include melon, apples, bananas, strawberries and oranges, as well as a range of yoghurts (d) or cheese (d) and savoury biscuits (g).

**Allergen advice: due to the way our food is sourced and prepared, it is not possible to guarantee the absence of allergens in our products.**

The following codes are used for allergens (we are a nut-free school): gluten (g), egg (e), fish (f), soy (s), dairy (d).