

# Cuffley Wrap Around Care Menu

## Breakfast Choices

### Monday / Tuesday / Wednesday / Thursday / Friday

<b>Cereals</b>	Cornflakes (g) Rice Krispies (g) and Cheerios (g)
<b>Bread</b>	50/50 Toast (g) (s), Bagels (g) (d), Brioche (g) and Croissants (g) (d)
<b>Spreads</b>	Jam, Butter (d)
<b>Fruit</b>	Assorted Fruit
<b>Drink</b>	Water, Milk (d), Orange Juice and Apple Juice

## After School Club Snack

### Monday / Tuesday / Wednesday / Thursday / Friday

<b>3:15pm Snack</b>	Assorted Fruit
<b>Bread</b>	50/50 Bread (sandwich or toast) (g) (s), Wrap (g)
<b>Sandwich Fillings</b>	Ham, Cheese, Chicken (d), Jam and Butter (d)
<b>5:25pm Snack</b>	Assorted Fruit, Yoghurt (d)

(n) – nut      (g) – gluten      (e) – egg      (f) – fish      (s) – soy      (d) – dairy

\*Please note: Dairy free spread/yoghurt/milk & gluten free bread available upon request

